[Reflexive Practice Ethno-cultural Research Paper](https://moodle.tru.ca/course/view.php?id=5806&section=38" \l "bootstrapelements25046)

This research paper focuses on mental health with an ethno-cultural population. The focus can be on Indigenous People in Canada or an ethnic minority group of immigrants or refugees. You also may choose to focus on a sub-population based on gender, age group, rural/urban, or other relevant group. However, you should focus on a population that is located in your community/region practice area.

The paper, 10–12 pages (double spaced) must:

* + 1. Indicate your understanding of the historical, social, and cultural context and experiences of your chosen population.
    2. Indicate your understanding of how this population understands mental health and mental illness.
    3. Provide an analysis of the system challenges and barriers in your community or region for this population. Include health promotion and direct intervention approaches.
    4. Provide a summary of your growth in developing a practice approach consistent with your own relational experiences and self-awareness, and the ethno-understandings and needs of the population you are researching.
    5. Be written to academic standards, using APA referencing. Sub-headings are recommended.

Suggested Rubric

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| **Category** | **Exemplary (100%)** | **Excellent (85%)** | **Very Good (75%)** | **Satisfactory (60%)** | **Unsatisfactory**  **(40%)** |
| **Population Context**  **25%** | Provides a synthesis of the historical, social, and cultural context of the traditional (country of origin) perspective related to mental health and illness.  Synthesis is related to today’s context. | Provides an analysis of the historical, social, and cultural context of the traditional (country of origin) perspective related to mental health and illness.  Analysis is related to todays’ context. | Provides a strong description of the historical, social, and cultural context of the traditional (country of origin) perspective related to mental health and illness.  Analysis is related to todays’ context. | Provides a good description of the key elements of the historical, social, and cultural context of the population.  May be missing linkage to mental health/illness; or lacking a linkage to today’s context. | One or two key elements missing. |
| **Understanding of Mental Health and Mental Illness**  **15%** | Shows a synthesis of the historical treatment of mental health/illness and contemporary attitudes and beliefs. | Shows an analysis of the historical treatment of mental health/illness and contemporary attitudes and beliefs. | Provides a strong description of the historical treatment of mental health/illness and contemporary attitudes and beliefs. | Description of the historical perspectives on mental health/illness or contemporary attitudes and beliefs may be weak | Some Key elements are missing. |
| **System Challenges**  **20%** | Provides a strong synthesis of the system and challenges and barriers in community/  region.  Includes a synthesis along the health promotion continuum and the challenges/  barriers linked to the literature. | Provides a strong analysis of the system and the challenges and barriers in community/  region.  Includes an analysis along the health promotion continuum and the challenges/  barriers linked to the literature. | Provides a strong description of the system and the challenges and barriers in community/  region.  Includes a description along the health promotion continuum and the challenges/  barriers linked to the literature. | Description of the system, challenges, and barriers may have some missing elements.  Identification of health continuum or linkage to the literature may be weak. | Some key elements may be missing.  The perspective may be more personal opinion or personal critique, rather than an academic description/  analysis. |
| **Practice Reflexivity**  **25%** | Comprehensive response that shows a synthesis of ideas and clearly indicates growth and awareness related to learning. Practice transformation is indicated through practical and realistic identification of change. | Comprehensive response that shows an analysis of ideas and clearly indicates growth and awareness related to learning. Practice changes are indicated through practical and realistic identification of change. | Strong description of ideas that indicates changes in awareness.  Identifies realistic and meaningful practice changes. | The practice reflexivity process may not be clear.  The writer may not identify starting points and change points, or ideas are not related to the context of the essay. | Very weak evidence of growth and new ideas that could be incorporated into a realistic practice model. |
| **Academic Writing**  **15%** | Extremely interesting to read with good flow. Close to publishing standard for writing. | Excellent flow of ideas and writing. Very minor errors in either grammar, organizational structure, or APA. | A strong read, but may have some APA or grammar/formatting problems. | Some major grammar construction problems or APA referencing errors that undermine the flow of the writing. | Major grammar, organizational, or APA writing problems.  Would likely need some assistance from a Writing Centre. |